

Grenada is a spectacularly verdant Caribbean island. Its rolling hills cascading around stunning tropical flowers and fragrant spice trees, fringed by beautiful beaches .

There are three islands that comprise Grenada and they are to be found in the Eastern Caribbean at the southern extremity of the Windward islands,. In the interior of this volcanic island are stunning rivers and waterfalls, lush rainforests, and one of the most breathtakingly beautiful mountain lakes imaginable. The capital, St. George's, is widely held to be the loveliest city in the Caribbean.



For many visitors, of course, the measure of any island is taken by its beaches and coral reefs, and Grenada offers plenty of both. The island is ringed with miles of picture-perfect strands, including both entrancing black and sugar-fine white sand beaches. Grand Anse Beach, a smooth expanse stretching for two miles around the curve of a gentle bay, is world famous.

This small nation consists of three islands: Grenada, Carriacou, and Petit Martinique. Grenada is by far the largest of the three, with a width of twelve miles and a length of twenty-one miles. Its 133 sq. miles are mountainous, volcanic terrain, reaching heights of over 2,750 feet atop Mount St. Catherine. This topography provides Grenada with one of the loveliest and most varied environments in the Caribbean, including crater lakes as well as a startling variety of plant and animal life. Dwarf forests high atop Mount St. Catherine descend to the montane rainforests of middle altitudes, which give way in turn to the dry forests of the lowlands. Those forests shift to mangrove at the coast, giving way to stunning white sand beaches, brilliant blue water, and exquisite coral reefs.

Grenada's smaller sister island, Carriacou, is hilly but not mountainous. With smoother terrain, Carriacou is an ideal destination for honeymoon walkers. It possesses fine sand beaches and natural harbours, as well as offering excellent views out over the northern Grenadine islands. Petite Martinique, the third and by far the smallest island in the state, consists of little more than the tip of a volcanic cone poking through the water. It is only now being developed for visitors.



The islands physical beauty is complemented by its rich history and vibrant, living cultural heritage. Local festivals, fairs, and markets remain an integral part of life on Grenada. Its

centuries-old spice plantations and rum distilleries still use traditional methods, emphasizing quality rather than quantity. Although the tourist industry has become more substantial in recent years, the island's easy rhythms and the friendly openness of its residents evoke an atmosphere that has long since vanished elsewhere.

Grenada being the 'Isle of Spice', it is expected that the cuisine uses plenty of spices. West Indian and Creole flavours combined with the abundant spices and seafood of Grenada have worked together to create a distinctly Grenadian cuisine. Visitors to the Island are encouraged to enjoy the many taste sensations Grenada offers, from freshly caught lobster to exotic national dishes like 'Oildown', 'Stuffed Jacks' and 'Grenadian Caviar' (white sea urchin roe). There is a variety of restaurants across the Island that not only offer stunning surroundings but also prime samplings of Grenada's unique gourmet.



Grenada enjoys a tropical climate with an average year-round temperature of 80°F (26°C). Grenada experiences two seasons, determined by rainfall rather than temperature. The dry season falls between January and May, when showers are few and sporadic and the land is cooled by northeast trade winds. The rainy season is June to December when conditions are hot and humid and short bursts of heavy rainfall frequently occur. Conditions are humid around the coast but become considerably cooler and wetter toward the mountainous interior. Grenada lies on the edge of the hurricane belt and hurricane season normally runs from June to November